

January 16, 2006

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Local Humphreys Diabetes Center Leading International Diabetes Research Study

Humphreys Diabetes Center is putting Boise, Idaho, on the international map in diabetes research.

For the past 1 ½ years, Humphreys has played a crucial role in TrialNet, an international research study on type 1 diabetes. TrialNet is conducting multiple clinical trials with investigators from 18 Clinical Centers in the United States, Canada, Finland, United Kingdom, Italy, Germany, Australia and New Zealand.

Humphreys is the leader in this world-wide effort. As an affiliate of the Northwest Clinical Center at Benaroya Research Institute in Seattle, Humphreys has screened the most family members, helping identify individuals who may be at risk for developing type 1 diabetes. "Humphreys has done an amazing job getting so many families involved in this very important research," says Carla Greenbaum, MD, Director of the Northwest Clinical Center.

Since September 2004, the Humphreys' team has tested more than 400 individuals by hosting local screening events and visiting Camp Hodia, a summer camp for youth with diabetes. Over the course of TrialNet, several studies will be conducted in patients with newly diagnosed (new onset) type 1 diabetes, as well as in relatives of people with type 1 diabetes who are at greater risk of developing the disease.

Humphreys Program Director Judy Davis, RN, CDE and study coordinator Betsy Koehler will represent Humphreys at the TrialNet meeting in Miami, FL, January 31-February 2. Study investigators and coordinators will learn more about upcoming studies and how to reach families and individuals who may be eligible to participate in these studies. "There are several affiliates who are eager to meet the Humphreys team in Miami," reports Carla Greenbaum.

"We believe strongly in the TrailNet research, and we are very committed to recruiting as many people as possible to participate," explains Judy Davis. "We are extremely excited to learn that we are the number one recruitment center in the world."

Humphreys Diabetes Center is a community program affiliated with

Saint Alphonsus and St. Luke's regional medical centers.

Side Bar

- TrialNet is an international research program screening relatives of people with type 1 diabetes to determine if family members are at-risk for developing diabetes. Screening involves a simple blood-test. Registration is required.
- Eligible participants must be:
 - 1 to 45 years of age *and* have a brother, sister, child or parent with type 1 diabetes, *or*
 - 1 to 20 years of age *and* have a cousin, aunt, uncle, niece, nephew, half-sibling or grandparent with type 1 diabetes.
- The next screening for TrialNet is scheduled for Saturday, February 25 at Humphreys Diabetes Center, 1226 River Street in Boise.
- For information about participating in TrialNet call 331-1155 ext. 30

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